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Now, about the Cartan formalism for connection, curvature and torsion. This is discussed in the book in connection with a metric, but the main results don't depend on a metric so I'll do them here.

To summarize, there are 3 approaches to connection, torsion and curvature:

1. Intuitive and/or coordinate point of view. Useful for getting an intuitive idea of what these objects mean geometrically.

2. Approach based on ∇ operator, in general a map

$$\nabla: \mathcal{X}(M) \times \begin{pmatrix} \text{tensor field} \\ \text{any type} \end{pmatrix} \rightarrow \begin{pmatrix} \text{same type} \\ \text{tensor field} \end{pmatrix}$$

with certain properties that allow its definition to be given for any type of tensor.

3. Cartan approach using differential forms.

We take up #3. now.

We work with an arbitrary (possibly noncoordinate) frame $\{e_\mu\}$ and dual basis of forms $\{\theta^\mu\}$. We use the notation,

$$e_\mu(f) = f_{,\mu}$$

so that $df = f_{,\mu} \theta^\mu$. Also, we have

$$\nabla_\alpha e_\beta = \Gamma_{\alpha\beta}^\mu e_\mu \quad (\text{definition of } \Gamma_{\alpha\beta}^\mu \text{ given } \nabla)$$

and
$$\nabla_\alpha \theta^\mu = - \Gamma_{\alpha\beta}^\mu \theta^\beta,$$

where
$$\nabla_\alpha \equiv \bullet \nabla_{e_\alpha}.$$

Because, notation like $\nabla_\alpha e_\beta$ is used in the GR literature for something somewhat different.

The Cartan formalism is often used in ^a context in which $\{e_\mu\}$ is an orthonormal frame, but an orthonormal frame is not defined without a metric, so for now $\{e_\mu\}$ is an arbitrary frame.

~~The basis forms θ^μ are a collection of 1-forms indexed by μ . We can think of them as a "vector" of 1-forms. Now following Cartan, we define a "vector" of 2-forms,~~

~~$$T^\mu = d\theta^\mu + \omega$$
 Not so fast~~

The connection coefficients $\Gamma_{\alpha\beta}^\mu$ define an element of $gl(n, \mathbb{R})$, specified by a displacement vector (intuitively, a small displacement) X^α by

$$(\Gamma_x)^\mu{}_\nu = X^\alpha \Gamma_{\alpha\nu}^\mu$$

Then the parallel transport of Y at x to Y' at $x + \epsilon X$ is

given by
$$Y'^\mu = \left(\delta_\nu^\mu - \epsilon (\Gamma_x)^\mu{}_\nu \right) Y^\nu.$$

↓ (conventional - sign)

So we get a Lie algebra $\mathfrak{gl}(n, \mathbb{R})$ -valued 1-form if we write

$$\omega^{\mu}_{\nu} = \Gamma^{\mu}_{\alpha\nu} \theta^{\alpha}$$

or we can just think of it as a matrix-valued 1-form, equivalent to the definition of a connection.

so that

$$\omega^{\mu}_{\nu}(x) = (\Gamma_x)^{\mu}_{\nu}$$

If you like, ω^{μ}_{ν} is a matrix of 1-forms that is equivalent to $\Gamma^{\mu}_{\alpha\nu}$ or ∇ .

Also, the basis forms θ^{μ} can be thought of as a "vector" of 1-forms, indexed by μ . In Cartan's formalism, we consider various "scalars", "vectors", "tensors" etc. of differential r -forms, for various r .

Here is a vector of 2-forms,

$$\boxed{T^{\mu} = d\theta^{\mu} + \omega^{\mu}_{\nu} \wedge \theta^{\nu}} \quad (1)$$

It is called T^{μ} because it is essentially the torsion. To see this, convert T^{μ} to its components:

$$\text{use } d\theta^{\mu} = -\frac{1}{2} C^{\mu}_{\alpha\beta} \theta^{\alpha} \wedge \theta^{\beta}$$

$$\text{and } \omega^{\mu}_{\nu} = \Gamma^{\mu}_{\alpha\nu} \theta^{\alpha}$$

$$\text{so } T^{\mu} = -\frac{1}{2} C^{\mu}_{\alpha\beta} \theta^{\alpha} \wedge \theta^{\beta} + \Gamma^{\mu}_{\alpha\nu} \theta^{\alpha} \wedge \theta^{\nu}$$

$$= \frac{1}{2} \left(\Gamma^{\mu}_{\alpha\nu} - \Gamma^{\mu}_{\nu\alpha} - C^{\mu}_{\alpha\nu} \right) \theta^{\alpha} \wedge \theta^{\nu}$$

Thus.

$$T^M_{\alpha\beta} = \Gamma^M_{\alpha\beta} - \Gamma^M_{\beta\alpha} - C^M_{\alpha\beta}.$$

This agrees with the components of T ^{= torsion} defined by

$$T: \mathcal{X}(M) \times \mathcal{X}(M) \rightarrow \mathcal{X}(M)$$

$$: (X, Y) \mapsto \nabla_X Y - \nabla_Y X - [X, Y]$$

which implies

$$T(e_\alpha, e_\beta) = (\Gamma^M_{\alpha\beta} - \Gamma^M_{\beta\alpha} - C^M_{\alpha\beta}) e_\mu.$$

So, T^M defined by (1) above is equivalent to the component \otimes or ∇ -based definition of torsion. We can roughly think of T^M as giving a "vector-valued 2-form" since for each μ we have a 2-form giving the μ -th component of $T(X, Y)$.
 Actually, the real vector-valued 2-form is

$$T = e_\mu \otimes T^M.$$

Similarly, Cartan defines a 2-rank tensor $R^M_{\cdot\nu}$ of 2-forms by

$$\boxed{R^M_{\cdot\nu} = d\omega^M_{\cdot\nu} + \omega^M_{\cdot\sigma} \wedge \omega^{\sigma\nu}} \quad (2)$$

As suggested by the notation, this is a version of the curvature tensor (but much easier to remember than the components of the curvature tensor).

To prove this, use $\omega^M{}_\nu = \Gamma_{\alpha\nu}^M \theta^\alpha$, so

(5)

$$\begin{aligned} d\omega^M{}_\nu &= d(\Gamma_{\alpha\nu}^M \theta^\alpha) \\ &= d\Gamma_{\alpha\nu}^M \wedge \theta^\alpha + \Gamma_{\alpha\nu}^M d\theta^\alpha \\ &= \Gamma_{\alpha\nu,\beta}^M \theta^\beta \wedge \theta^\alpha + \Gamma_{\sigma\nu}^M \left(-\frac{1}{2} C_{\alpha\beta}^\sigma \theta^\alpha \wedge \theta^\beta\right) \\ &= \frac{1}{2} \left(\Gamma_{\alpha\nu,\beta}^M - \Gamma_{\beta\nu,\alpha}^M - \Gamma_{\sigma\nu}^M C_{\alpha\beta}^\sigma \right) \theta^\alpha \wedge \theta^\beta. \end{aligned}$$

Similarly,

$$\begin{aligned} \omega^M{}_\sigma \wedge \omega^\sigma{}_\nu &= (\Gamma_{\alpha\sigma}^M \theta^\alpha) \wedge (\Gamma_{\beta\nu}^\sigma \theta^\beta) \\ &= \Gamma_{\alpha\sigma}^M \Gamma_{\beta\nu}^\sigma \theta^\alpha \wedge \theta^\beta = \frac{1}{2} \left(\Gamma_{\alpha\sigma}^M \Gamma_{\beta\nu}^\sigma - \Gamma_{\beta\sigma}^M \Gamma_{\alpha\nu}^\sigma \right) \theta^\alpha \wedge \theta^\beta. \end{aligned}$$

Putting all this together and using derived earlier from the ∇ -based definition of R

$$R^M{}_\nu{}^{\alpha\beta} = \left(\Gamma_{\alpha\nu,\beta}^M + \Gamma_{\alpha\sigma}^M \Gamma_{\beta\nu}^\sigma - (\alpha \leftrightarrow \beta) \right) - \Gamma_{\sigma\nu}^M C_{\alpha\beta}^\sigma,$$

we get

$$\boxed{R^M{}_\nu = \frac{1}{2} R^M{}_\nu{}^{\alpha\beta} \theta^\alpha \wedge \theta^\beta}$$

So we see that $R^M{}_\nu$ is the curvature 2-form. It can be interpreted as a $\mathfrak{gl}(n, \mathbb{R})$ -valued 2-form, since $R^M{}_\nu(X, Y)$ gives the correction to the identity when a vector is parallel-transported around a small parallelogram spanned by X, Y .

We informally refer to an object like T^μ as a "vector-valued 2-form," because at a point $x \in M$ ~~it is~~ and $X, Y \in T_x M$ it specifies a vector $\in T_x M$ given by

$$e_\mu T^\mu(x, Y) \equiv T(x, Y).$$

which, as shown, agrees with the ∇ -based definition of T , ~~is~~ $T(x, Y) = \nabla_X Y - \nabla_Y X - [X, Y]$. To be precise, T^μ by itself is a collection of \mathbb{R} -valued 2-forms, indexed by μ .

Moreover it is important to note that the product $e_\mu \otimes T^\mu$ ~~is not a tensor~~ is not ~~obviously~~ obviously a tensor, until we show that it is independent of the basis. To do this, we can perform a change of basis, $\{e_\mu\}, \{\theta^\mu\} \rightarrow \{e'_\mu\}, \{\theta'^\mu\}$, where

$$e'_\mu = e_\alpha M^\alpha{}_\mu \tag{3}$$

$$\theta'^\mu = (M^{-1})^\mu{}_\alpha \theta^\alpha$$

where $M^\alpha{}_\mu$ is a matrix function of x with $\det M^\alpha{}_\mu \neq 0$ (thus, $M \in GL(n, \mathbb{R})$). If we do this to the Cartan definition of T^μ ,

$$T^\mu = d\theta^\mu + \omega^\mu{}_\nu \wedge \theta^\nu, \tag{2}$$

we find that

$$e_\mu \otimes T^\mu = e'_\mu \otimes T'^\mu,$$

so T^M is a tensor. ~~Nevertheless~~ if we do this, we find that each term in (2) is not a tensor, but the sum is.

We will not carry out this calculation, since we have shown that the components of the Cartan definition of T^M and the ∇ -definition of T are the same, and we have shown (in book, lecture and notes) that the ∇ -definition of T is a tensor.

Similarly, the Cartan definition $R^M{}_\nu = d\omega^M{}_\nu + \omega^M{}_\sigma \wedge \omega^\sigma{}_\nu$ is a tensor-valued 2-form (i.e., the components of a tensor valued 2-form) because we have shown that the Cartan defn of $R^M{}_\nu$ and the ∇ -definition of R have the same components, while we have shown elsewhere (book, lecture, notes) that the latter is a tensor.

Similarly, the frame forms θ^M constitute the (components of) a vector valued 1-form, i.e., a ^{linear} map at each $x \in T_x M$ of $T_x M \rightarrow T_x M$. In fact the map is just the identity, since

$$(e_\mu \otimes \theta^\mu)(x) = e_\mu \theta^\mu(x) = e_\mu X^\mu = X,$$

and

$$e_\mu \otimes \theta^\mu = e'_\mu \otimes \theta'^\mu.$$

This expression is like the resolutions of the identity $\sum_n |n\rangle\langle n|$ that occur in quantum mechanics.

The connection 1-forms ω^{μ}_{ν} , however, are not a tensor, precisely because $\Gamma^{\mu}_{\alpha\nu}$ is not (the components of) a tensor. In fact, under the transformation (3), we find

$$\omega'^{\mu}_{\nu} = (M^{-1})^{\mu}_{\alpha} M^{\beta}_{\nu} \omega^{\beta}_{\alpha} + (M^{-1})^{\mu}_{\alpha} dM^{\alpha}_{\nu} .$$

The presence of the second term means that ω^{μ}_{ν} is not a tensor. This is basically a version of the transformation law for $\Gamma^{\mu}_{\alpha\nu}$, which is not a tensor, either.

When we take a (genuine) vector-valued form, such as θ^{μ} , and compute the exterior derivatives of the components, to get $d\theta^{\mu}$, the result is not a tensor, that is, $e_{\mu} \otimes d\theta^{\mu}$ is not independent of the choice of frame. But if we add the term $\omega^{\mu}_{\nu} \wedge \theta^{\nu}$, as in the definition of T^{μ} , the non-tensorial parts of the 2 terms cancel, and the result is a tensor.

This is similar to what happens when computing the covariant derivative of a vector Y^{μ} in components. It is

$$Y^{\mu}_{;\nu} = Y^{\mu}_{,\nu} + \Gamma^{\mu}_{\alpha\nu} Y^{\alpha}$$

Neither term on the RHS is a tensor, but the sum is.

This leads us to define an "exterior covariant derivative" D , a generalization of the "ordinary" exterior derivative d . Like d , D maps r -forms into $(r+1)$ -forms, but d acts only on scalar valued forms while D acts on any tensor-valued

form. An ordinary differential form is considered a scalar-valued form, and for these $\mathcal{D} = d$. But for a vector-valued form, $\mathcal{D} = d +$ a correction term involving ω , seen in the definition of T :

$$T^M = d\theta^M + \omega^M{}_\nu \wedge \theta^\nu = \mathcal{D}\theta^M.$$

Since θ^M is a vector-valued 1-form, T^M is a vector-valued 2-form.

For another example, an ordinary vector Y^M can be regarded as a vector-valued 0-form. Then $\mathcal{D}Y^M$ is a vector-valued 1-form, given by

$$\mathcal{D}Y^M = dY^M + \omega^M{}_\nu Y^\nu.$$

Thus

$$\begin{aligned} (\mathcal{D}Y^M)(x) &= X^\nu Y^M{}_{,\nu} + X^\alpha \Gamma^M{}_{\alpha\nu} Y^\nu \\ &= X^\nu Y^M{}_{;\nu} = (\nabla_x Y)^M \end{aligned}$$

More generally, \mathcal{D} applied to any ordinary tensor, interpreted as a tensor-valued 0-form, is the same as ∇ .

In general, when \mathcal{D} acts on a tensor-valued r -form, it produces the ordinary exterior derivative plus one correction term for each index of the tensor. This correction term can be seen in the definition $T^M = \mathcal{D}\theta^M = d\theta^M + \omega^M{}_\nu \wedge \theta^\nu$.

Similarly, we can compute $\mathcal{D}T^M$:

$$\begin{aligned}
DT^{\mu} &= DD\theta^{\mu} = dT^{\mu} + \omega^{\mu}_{\nu} \wedge T^{\nu} \\
&= d(d\theta^{\mu} + \omega^{\mu}_{\nu} \wedge \theta^{\nu}) + \omega^{\mu}_{\nu} \wedge T^{\nu} \\
&= 0 + d\omega^{\mu}_{\nu} \wedge \theta^{\nu} - \omega^{\mu}_{\nu} \wedge d\theta^{\nu} + \omega^{\mu}_{\nu} \wedge (d\theta^{\nu} + \omega^{\nu}_{\sigma} \wedge \theta^{\sigma}) \\
&\quad \quad \quad \uparrow \qquad \qquad \qquad \uparrow \\
&\quad \quad \quad \text{cancel.} \\
&= (d\omega^{\mu}_{\nu} + \omega^{\mu}_{\sigma} \wedge \omega^{\sigma}_{\nu}) \wedge \theta^{\nu},
\end{aligned}$$

or

$$DT^{\mu} = DD\theta^{\mu} = R^{\mu}_{\nu} \wedge \theta^{\nu}$$

We see that DD is not zero, in general, unlike DD .

Similarly, D applied to a 2nd rank tensor-valued form produces 2 correction terms. For example,

$$DR^{\mu}_{\nu} = dR^{\mu}_{\nu} + \omega^{\mu}_{\sigma} \wedge R^{\sigma}_{\nu} - \omega^{\sigma}_{\nu} \wedge R^{\mu}_{\sigma}$$

But this is

$$\begin{aligned}
&d(d\omega^{\mu}_{\nu} + \omega^{\mu}_{\sigma} \wedge \omega^{\sigma}_{\nu}) \\
&+ \omega^{\mu}_{\sigma} \wedge (d\omega^{\sigma}_{\nu} + \omega^{\sigma}_{\tau} \wedge \omega^{\tau}_{\nu}) \\
&- \omega^{\sigma}_{\nu} \wedge (d\omega^{\mu}_{\sigma} + \omega^{\mu}_{\tau} \wedge \omega^{\tau}_{\sigma}) \\
&= 0 + \cancel{d\omega^{\mu}_{\sigma} \wedge \omega^{\sigma}_{\nu}} - \omega^{\mu}_{\sigma} \wedge \cancel{d\omega^{\sigma}_{\nu}} \\
&\quad + \omega^{\mu}_{\sigma} \wedge d\omega^{\sigma}_{\nu} + \omega^{\mu}_{\sigma} \wedge \omega^{\sigma}_{\tau} \wedge \omega^{\tau}_{\nu} \\
&\quad - \omega^{\sigma}_{\nu} \wedge d\omega^{\mu}_{\sigma} - \omega^{\sigma}_{\nu} \wedge \omega^{\mu}_{\tau} \wedge \omega^{\tau}_{\sigma} = 0.
\end{aligned}$$

Thus we derive

$$\boxed{DR^{\mu}_{\nu} = 0}$$

Summary. An tensor-valued r-form has components that are real-valued r-forms. These include scalars, vectors, and higher rank tensors. A scalar-valued r-form is an ordinary r-form (it has no indices). A tensor-valued 0-form is an ordinary tensor.

The exterior covariant derivative D is a generalization of the ordinary exterior derivative d . D maps a tensor valued r-form into a tensor-valued (r+1)-form, the same type of tensor. The components of D of a tensor valued r-form are d of the components, plus one correction term involving ω_{α}^{μ} for every upper index, and one correction involving ω with a - sign for every lower index. The rules are best explained by examples. θ^{μ} is a vector-valued 1-form (really the components of a vector-valued one-form). Then

$$(D\theta)^{\mu} = d\theta^{\mu} + \omega^{\mu}_{\nu} \wedge \theta^{\nu} \equiv T^{\mu} \quad (\text{torsion})$$

$$(DT)^{\mu} = dT^{\mu} + \omega^{\mu}_{\nu} \wedge T^{\nu}$$

$$(DR)^{\mu}_{\nu} = dR^{\mu}_{\nu} + \omega^{\mu}_{\sigma} \wedge R^{\sigma}_{\nu} - \omega^{\sigma}_{\nu} \wedge R^{\mu}_{\sigma}$$

These rules resemble the rules for computing the components of the ~~covariant~~ covariant derivative of tensors. For example, in the case of a vector,

$$(\nabla_\alpha X)^\mu = X^\mu_{,\alpha} + \Gamma_{\alpha\beta}^\mu X^\beta$$

$$(\nabla_\alpha g)_{\mu\nu} = g_{\mu\nu,\alpha} - \Gamma_{\alpha\mu}^\sigma g_{\sigma\nu} - \Gamma_{\alpha\nu}^\sigma g_{\mu\sigma} = g_{\mu\nu;\alpha}$$

In fact, the rules are the same, if we interpret an ordinary tensor as a tensor-valued 0-form, and define D as the same as ∇ on these. For example,

$$(\nabla g)_{\mu\nu} = (Dg)_{\mu\nu} = dg_{\mu\nu} - \omega^\sigma_\mu g_{\sigma\nu} - \omega^\sigma_\nu g_{\mu\sigma}$$

which is a tensor-valued 1-form. If we let this act on $X \in \mathfrak{X}(M)$, we get

$$(Dg)_{\mu\nu}(X) = X^\alpha g_{\mu\nu;\alpha}$$

The definition of R_ν

$$R^M_\nu = d\omega^M_\nu + \omega^M_\sigma \wedge \omega^\sigma_\nu$$

looks superficially like " $R = D\omega$ " but it's not, because ω^M_ν is not a tensor and if it were $D\omega$ would have 2 correction terms, not one.

The two equations,

$$DT^M = R^M_\nu \wedge \theta^\nu$$

and
$$DR^M_\nu = 0$$

are essentially the first and second Bianchi identities, although one usually finds these identities in the literature expressed in components under the assumption $T^{\mu} = 0$ (because $T^{\mu} = 0$ is a standard assumption in GR).

For the first Bianchi identity in coordinates, assume $T^{\mu} = 0$ and write

$$R^{\mu}_{\nu} = \frac{1}{2} R^{\mu}_{\nu\alpha\beta} \theta^{\alpha} \wedge \theta^{\beta}.$$

Then

$$\frac{1}{2} R^{\mu}_{\nu\alpha\beta} \theta^{\alpha} \wedge \theta^{\beta} \wedge \theta^{\nu} = 0,$$

or, since $\theta^{\alpha} \wedge \theta^{\beta} \wedge \theta^{\nu}$ is completely antisymmetric in the 3 indices,

~~R^{μ}_{ν}~~ $R^{\mu}_{\nu}[\alpha\beta] = 0$ 1st Bianchi; when $T = 0$

For the second Bianchi identity, it can be shown that ~~R^{μ}_{ν}~~ \neq

$$0 = DR^{\mu}_{\nu} = \frac{1}{2} R^{\mu}_{\nu\alpha\beta;\sigma} \theta^{\sigma} \wedge \theta^{\alpha} \wedge \theta^{\beta} + R^{\mu}_{\nu\alpha\beta} T^{\alpha} \wedge \theta^{\beta}.$$

So, if $T^{\mu} = 0$, this implies

$R^{\mu}_{\nu}[\alpha\beta;\sigma] = 0.$ 2nd Bianchi; when $T = 0.$