

Summary.

$$e_0^0 = \gamma \quad e_0^i = \gamma v_i$$

$$e_j^0 = \gamma v_j \quad e_j^i = \delta_{ij} + (\gamma - 1) \frac{v_i v_j}{v^2}$$

$$\frac{ds}{d\tau} = -(b \cdot s) u$$

$$b = \frac{du}{d\tau}$$

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FW
transport.
(c=1)

$s^\mu =$ coords of s wrt. $\{e_i\} =$ ~~the~~ conventional rest frame.

$$s^0 = 0$$

$$\frac{ds^i}{d\tau} = - \left(\frac{de_i}{d\tau} \cdot e_k \right) s^k = - \Omega_{ik} s^k$$

Note: $\Omega_{ij} = \left(\frac{de_i}{d\tau} \cdot e_j \right) = -\Omega_{ji} = - \left(e_i \cdot \frac{de_j}{d\tau} \right)$

let $\omega_i = \frac{1}{2} \epsilon_{ijk} \Omega_{jk}$,

$$\frac{ds^i}{d\tau} = \epsilon_{ijk} \omega_j s^k \quad \text{or} \quad \frac{d\vec{s}}{d\tau} = \vec{\omega} \times \vec{s}$$

Physical meaning of $\vec{\omega}$.

$$\Omega_{ik} = \frac{de_i^0}{d\tau} e_k^0 - \frac{de_i^n}{d\tau} e_k^n$$

$$= \frac{d}{d\tau} (\gamma v_i) \gamma v_k - \frac{d}{d\tau} \left(\delta_{in} + (\gamma - 1) \frac{v_i v_n}{v^2} \right) \left(\delta_{kn} + (\gamma - 1) \frac{v_k v_n}{v^2} \right)$$

$\frac{d}{d\tau} = \gamma \frac{d}{dt}$ $\frac{d\gamma}{dt} = \gamma^3 (\vec{v} \cdot \vec{a})$ (c=1 still)

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Example, 1st term = $\gamma \left[\cancel{\gamma^3 (\vec{v} \cdot \vec{a})} v_i + \gamma a_i \right] \gamma v_k$

2nd term =

$$-\gamma \left[0 + \gamma^3 (\vec{v} \cdot \vec{a}) \frac{v_i v_n}{v^2} + \frac{(\gamma-1)}{v^2} (a_i v_n + v_i a_n) - \frac{2(\gamma-1)}{v^4} v_i v_n (\vec{v} \cdot \vec{a}) \right]$$

$$\times \left[\delta_{kn} + (\gamma-1) \frac{v_k v_n}{v^2} \right]$$

Most terms are symmetric so they cancel.

$$= \gamma^3 a_i v_k - \gamma \left[\frac{(\gamma-1)^2}{v^4} (a_i v_k v^2 + \cancel{v_i v_k \vec{v} \cdot \vec{a}}) \right]$$

$$= (a_i v_k) \left\{ \gamma^3 - \frac{\gamma(\gamma-1)^2}{v^2} \right\}$$

$$v^2 = \frac{\gamma^2 - 1}{\gamma^2}$$

$$\rightarrow \gamma^3 - \frac{\gamma(\gamma-1)^2}{\gamma^2 - 1} \cdot \gamma^2$$

$$= \gamma^3 \left[1 - \frac{(\gamma-1)^2}{\gamma^2 - 1} \right] = \gamma^3 \left[1 - \frac{\gamma-1}{\gamma+1} \right] = \frac{2\gamma^3}{\gamma+1}$$

$$\Omega_{ij} = \frac{2\gamma^3}{\gamma+1} a_i v_k$$

$$\vec{\omega}_T = \frac{\gamma^3}{\gamma+1} \vec{a} \times \vec{v}$$

Thomas's angular velocity.

c.f. Jackson (11.119), w. γ^2 instead of γ^3

Comments: Why do we care about this, when $\vec{\omega}_T$ depends on a choice of conventional frame?

A: Because the 11-transported frame, although "rotationless" still suffers a rotation nevertheless, in a certain sense.

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How Thomas precession is used in atomic physics.

Let $\Phi(r) =$ potential of nucleus and possibly other electrons.
Assume fn. of r (central force)

$$q(\text{proton}) = +e$$

$$q(\text{electron}) = -e$$

$$\Phi(r) = \frac{e}{r} \text{ for Hydrogen.}$$

$$V(r) = \text{potential in Schrödinger eqn} = -e\Phi(r), \quad \vec{E} = -\nabla\Phi = -\frac{1}{r} \frac{d\Phi}{dr} \vec{r}.$$

Classical picture of electron in orbit.



In electron rest frame, there is a magnetic field:

$$\vec{B}' = -\gamma \frac{\vec{v}}{c} \times \vec{E}$$

Then

Set $\gamma \approx 1$, velocity here
satisfies $\frac{v}{c} \approx \alpha \approx \frac{1}{137}$.

$$\vec{B}' = + \frac{1}{c} \frac{1}{r} \frac{d\Phi}{dr} \vec{v} \times \vec{r}$$

$$= - \frac{1}{mc} \frac{1}{r} \frac{d\Phi}{dr} \vec{r} \times \vec{p} = \frac{1}{emc} \frac{1}{r} \frac{dV}{dr} \vec{L}$$

Spin has interaction with \vec{B}' field,

$$H = -\vec{\mu} \cdot \vec{B}$$

$$\text{where } \vec{\mu} = \frac{-eg}{2mc} \vec{S}, \quad g \approx 2.$$

$$= + \frac{e}{mc} \vec{S} \cdot \vec{B}$$

$$H_{so} = \frac{1}{m^2 c^2} \frac{1}{r} \frac{dV}{dr} \vec{L} \cdot \vec{S}$$

Unfortunately, this gives the wrong answer ($\times 2$ too large) for SO splitting).Note, if $H = \vec{\Omega} \cdot \vec{S}$ $\vec{\Omega} =$ some vector, then

$$\dot{\vec{S}} = \frac{1}{i\hbar} [\vec{S}, H] = \vec{\Omega} \times \vec{S}. \quad \text{So } \vec{\Omega} = \text{angular velocity, of spin precession}$$

here predict

$$\vec{\Omega} = \frac{1}{m^2 c^2} \frac{1}{r} \frac{dV}{dr} \vec{L} \cdot \vec{S}.$$

Now look at Thomas angular velocity,

$$\vec{\omega}_T = \frac{\gamma^3}{1+\gamma} \frac{\vec{a} \times \vec{v}}{c^2} \approx \frac{1}{2} \frac{\vec{a} \times \vec{v}}{c^2}. \quad (\gamma \approx 1).$$

$$\text{Here } \vec{a} = -\frac{e}{m} \vec{E} = + \frac{e}{mr} \frac{d\Phi}{dr} \vec{r} = -\frac{1}{m} \frac{1}{r} \frac{dV}{dr} \vec{r}.$$

$$\text{So } \frac{1}{2} \frac{\vec{a} \times \vec{v}}{c^2} = -\frac{1}{2mc^2} \frac{1}{r} \frac{dV}{dr} \vec{r} \times \vec{v}$$

$$\vec{\omega}_T = -\frac{1}{2m^2 c^2} \frac{1}{r} \frac{dV}{dr} \vec{L}.$$

So, $\vec{\omega}_T$ cancels out $\frac{1}{2}$ of $\vec{\Omega}$, gives effective H_{SO} Hamiltonian,

$$\boxed{H_{SO} = \frac{1}{2m^2 c^2} \frac{1}{r} \frac{dV}{dr} \vec{L} \cdot \vec{S}} \quad \text{agrees w. expt.}$$

Now the BMT equ. spins of particles are like gyroscopes on spaceships, except that it's hard to accelerate particles w/o EM fields, and these have an effect on spins (magnetic fields do).

So a spin of an accelerated particle is like a gyroscope of a spaceship with extra (nonzero) torque on it.

So first look at evolution of spin of particle that is not accelerated.

Go into rest frame. There is some \vec{E}, \vec{B} there. Hamiltonian is

$$H = -\vec{\mu} \cdot \vec{B}, \quad \frac{gq}{2mc} \vec{S} = \vec{\mu}$$

$q = \text{charge}$

$g = g\text{-factor.}$

Heisenberg E.O.M.,

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$$\dot{\vec{S}} = \frac{gq}{2mc} \vec{S} \times \vec{B}.$$

Given that \vec{S} is the 3-vector part of a 4-vector S^μ with $S^0=0$ in rest frame, eqns of motion can be written,

$$\frac{d}{dt} \begin{pmatrix} 0 \\ S^1 \\ S^2 \\ S^3 \end{pmatrix} = \frac{gq}{2mc} \underbrace{\begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & B_y & -B_z \\ 0 & -B_y & 0 & B_x \\ 0 & B_z & -B_x & 0 \end{pmatrix}}_{\substack{\text{looks like } F^\mu{}_\nu, \\ \text{but with } \vec{E} \text{ field zeroed out.}}} \begin{pmatrix} 0 \\ S^1 \\ S^2 \\ S^3 \end{pmatrix}.$$

\uparrow S^μ \uparrow S^μ

So how do we create such a tensor? Use $u^\mu = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}$ to make projections.

Let
$$\tilde{F}^\mu{}_\nu = F^\mu{}_\nu - \frac{1}{c^2} u^\mu u_\alpha F^\alpha{}_\nu - \frac{1}{c^2} F^\mu{}_\alpha u^\alpha u_\nu.$$

Two terms subtract off 0-th row, 0-th col. ~~also~~ also dt (rest frame) = dτ.

So EOM's are equivalent to:

= 0 since (S·u) = 0.

$$\frac{dS^\mu}{d\tau} = \frac{gq}{2mc} \left(F^\mu{}_\nu - \frac{1}{c^2} u^\mu u_\alpha F^\alpha{}_\nu - \frac{1}{c^2} F^\mu{}_\alpha u^\alpha u_\nu \right) S^\nu.$$

Write this in index-free form,

$$\frac{dS}{d\tau} = \frac{gq}{2mc} \left(F \cdot S - \frac{1}{c^2} (u \cdot F \cdot S) u \right).$$

Covariant eqn.
for spin
precession.

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Now suppose particle is accelerated. Then we must add the evolution of S due to FW transport to the spin evolution. FW transport takes care of part \parallel to u , while spin evolution governs part \perp to u (the purely spatial part in rest frame.) Result is

$$\frac{dS}{d\tau} = \frac{gq}{2mc} \left(F \cdot S - \frac{1}{c^2} (u \cdot F \cdot S) u \right) - \frac{1}{c^2} (S \cdot b) u$$

BMT equ

$$u \cdot F \cdot S = u^\mu F_{\mu\nu} S^\nu \text{ etc.}$$

FW transport.

Can check that this equation satisfies $\frac{d}{d\tau} (S \cdot u) = 0$, so if S is purely spatial in rest frame at $\tau=0$, remains so for later τ .

Usually acceleration of particle caused by EM fields, thus

$$b = \frac{du}{d\tau} = \frac{q}{mc} F \cdot u,$$

$$S \cdot b = \frac{q}{mc} (S \cdot F \cdot u)$$

so,

$$\frac{dS}{d\tau} = \frac{q}{mc} \left[\frac{g}{2} F \cdot S - \frac{1}{c^2} \left(\frac{g}{2} - 1 \right) (u \cdot F \cdot S) u \right]$$

Another version of BMT equ.
Jackson 11.164.